**CHECKLIST FOR AUTHORS**

|  |
| --- |
| **Title of manuscript: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |

**Type of manuscript declared by authors**:

\_\_\_\_ **Original article** of scientific and technological research (quantitative or qualitative)

\_\_\_\_ **Case reports**

\_\_\_\_ **Reviews** (systematic, meta-analysis, narrative, or scope)

\_\_\_\_ Article on **Controversies** derived or not from research

\_\_\_\_ **Protocol** or **Clinical guidelines**

Dear author, below you will find the list of items that **must** be met to ensure the acceptance of your manuscript in the Journal of Clinical Nutrition and Metabolism. Please mark with an **X** the items that your manuscript meets:

|  |  |
| --- | --- |
| **ITEMS** | **MEETS** |
| **INITIAL CONSIDERATIONS** |
| Is the theme of the manuscript related to various biochemical processes, particularly on energy metabolism and nutritional regulations, nutritional therapy (enteral nutrition, parenteral nutrition, oral supplements, vitamin-mineral supplements), and the relationship between nutrition and disease as defined by the Journal? |  |
| The author has **NOT** submitted the manuscript for consideration to other journal and it has **NOT** been previously published.  |  |
| The author has not published in the Journal of Clinical Nutrition and Metabolism in the last year. |  |
| **REPORTING GUIDELINES FOR EACH TYPE OF STUDY** |
| If it is a **quantitative scientific and technological research**, it follows the [STROBE](https://www.equator-network.org/reporting-guidelines/strobe/) guideline checklist (observational studies) / [CONSORT](https://www.equator-network.org/reporting-guidelines/consort/) (randomized clinical trials). |  |
| If it is a **qualitative scientific and technological research**, it follows the [COREQ](https://www.equator-network.org/reporting-guidelines/coreq/) guideline checklist. |  |
| If it is a **case report**, it follows the [CARE](https://www.equator-network.org/reporting-guidelines/care/) guideline checklist. |  |
| If it is a review (systematic or meta-analysis), it follows the [PRISMA](https://www.equator-network.org/reporting-guidelines/prisma/) guideline checklist and the PRISMA checklist for [abstracts](http://www.prisma-statement.org/documents/PRISMA%20DTA%20for%20Abstracts%20Checklist.pdf?AspxAutoDetectCookieSupport=1). |  |
| If it is a **narrative or scope review, it must have been requested directly by the Editor** and it follows the guidelines described in the [Author guidelines](https://revistanutricionclinicametabolismo.org/index.php/nutricionclinicametabolismo/about/submissions). |  |
| If it is a **controversy** derived from research, it is structured in the form of an essay and present research results from the author's analytical, interpretative, or critical perspective; the analysis and presentation of the arguments supporting their conclusions are exhaustive. |  |
| If it is a **protocol or clinical guideline**, it follows the [SPIRIT](https://www.equator-network.org/reporting-guidelines/guidelines-for-reporting-outcomes-in-trial-protocols-the-spirit-outcomes-2022-extension/) or [AGREE](https://www.equator-network.org/reporting-guidelines/the-agree-reporting-checklist-a-tool-to-improve-reporting-of-clinical-practice-guidelines/) guideline checklists. |  |
| If the manuscript is result from research with human beings\* and/or animals\*\*, the approval of an **Ethics Research Committee** must be included in the "**Methods**" section in the text.(\*The [Declaration of Helsinki](https://www.wma.net/es/que-hacemos/etica-medica/declaracion-de-helsinki/) must be used when describing experiments on human beings; \*\*[ARRIVE](https://www.equator-network.org/reporting-guidelines/improving-bioscience-research-reporting-the-arrive-guidelines-for-reporting-animal-research/) guideline must be used when describing experiments on animals). |  |
| **FORMAT AND STYLE** |
| The manuscript must be sent in Microsoft Word, Times New Roman font, 12-point size, 1,5 line spacing and 2,54 margins in all sides. No additional space should be placed between paragraphs and the text should be justified. |  |
| The title of the manuscript should have a maximum of 15 words and be translated to English and Portuguese. The title of the manuscript should **NOT** be in all caps or end with a period (.). |  |
| The manuscript meets the maximum extension of 5.000 words without references, tables, and graphics. |  |
| References are in **Vancouver** style. They will be presented in the text, in parenthesis in superscript, according to the order of appearance with the corresponding numbering. |  |
| At least 5 key points of the article must be presented after the **Introduction.** |  |
| **The abstract is structured** and has the following format: introduction (background), objectives, methods (materials and methods used), results (main results according to objectives) and conclusions (according to objectives). The maximum length is 250 words. It **must** be in Spanish, English **and** Portuguese. |  |
| The manuscript indicates between three to six key words in Spanish, English and Portuguese included in the [MeSH](https://meshb.nlm.nih.gov/?_gl=1*1ddtn5o*_ga*Nzg2NjA3NzU2LjE3MDUzNjIwNjY.*_ga_7147EPK006*MTcwNTQzNDI5My4xLjAuMTcwNTQzNDI5My4wLjAuMA..*_ga_P1FPTH9PL4*MTcwNTQzNDI5My4xLjAuMTcwNTQzNDI5My4wLjAuMA..) and/or [DeCS](https://decs.bvsalud.org/es/) thesaurus. |  |
| Images, diagrams, tables, and graphics are numbered, referenced, and included in the text. Also, they must have a title and reference. **Maximum of tables and/or figures: 5**The font for images, diagrams and tables is Times New Roman, 12-point size. Texts inside the table must be size 10 and single-spaced. Tables are presented without internal divisions or grids, and "n" is accompanied in another column by the corresponding percentage (%).Consider the following formats:**Images:** JPG or PNG of minimum 300 dpi. Avoid screenshots. Send as separate files.**Diagrams:** in editable Word or PowerPoint format.**Graphics:** in editable Word format.Numbers from 0 to 9 should be written out (zero, ...nine); numbers from 10 onwards should be in numeric form (10, 20…). Decimal numbers should be written with a comma (,) and two decimal places (e.g., 45,00); integers should be written with a period (.).The percent sign (%) should be separated from the number (e.g., 45,00 %). |  |
| Footnotes are **not** included in the manuscript. |  |
| If you include supplementary material about the development of your research, indicate it in parentheses in the corresponding paragraph (supplementary material 1, 2...) and inform the journal which files correspond to the supplementary material.  |
| **REQUIRED FILES (Uploaded as SEPARATE files on the platform)** |
| Presentation letter **(1)** |  |
| Title page **(1)** |  |
| Manuscript reviewed and approved by all authors and adapted to the Journal style **(1)** |  |
| Resume **(1 format per author)** |  |
|  Statement of Author's Commitment signed by all authors **(1)** |  |
| Checklist signed by all authors (the present format filled and signed) **(1)** |  |
| The corresponding author must be **registered** **in the** [**OJS**](https://revistanutricionclinicametabolismo.org/index.php/nutricionclinicametabolismo/login) **plataform**,must submit the manuscript and include the **complete details of all authors** (names, email address, institution, ORCID numbers) on the platform. |  |

**Observations for the Editor and the Editorial Committee of the Journal:**

|  |
| --- |
|  |

I certify that this document was **reviewed and approved by all authors and complies with all the criteria** indicated in the Journal’s author’s guidelines.

**Corresponding author:**

|  |  |
| --- | --- |
| **Signature** |  |
| **Name and surname** |  |
| **Contact number** | **Code: +** |
| **Contact email** |  |

**NOTES:**

- Failure to comply with any of the criteria mentioned will result in **immediate rejection of the manuscript**.

- Please send this checklist properly filled in the same submission of your manuscript through the OJS platform.